Graduate Exploration Essence Residential Retreat

2008 Website Program Description

The *Exploration Essence* Graduate Program will deepen the work of the first program.

Prerequisite for this program: Gateway Voyage, Exploration Essence

Peter Russell and Karen Malik have created more live guided Hemi-Sync® sessions to enhance a deeper meditation practice, and further understanding of your true self. You will open to a fuller awareness of your essential being. Open only to graduates of *Exploration Essence.*